



OCTOBER 2024

Glenview NEWS

CELEBRATING
75
YEARS
GLENVIEW
Community Services

Cooking group

Throughout September residents hosted Tiffany, a volunteer who came to share her love of connecting through food.

Tiffany visited houses three times a week to cook and share. Her focus was on our foundation cooking skills.



A warm welcome to our new resident at Glenview: **Wayne K**

KORONGEE ACTIVITIES IN OCTOBER / NOVEMBER

Wednesday 23 October Vittorio in concert 1:30pm

Thursday 24 October Hobart Show Public Holiday

Tuesday 29 October Melody Lane Singers 2pm

Tuesday 5 November Melbourne Cup Day

Monday 11 November Remembrance Day

Resident and representatives meetings

Meetings are held monthly for residents and their representatives to put forward their views about the care and services at Glenview.

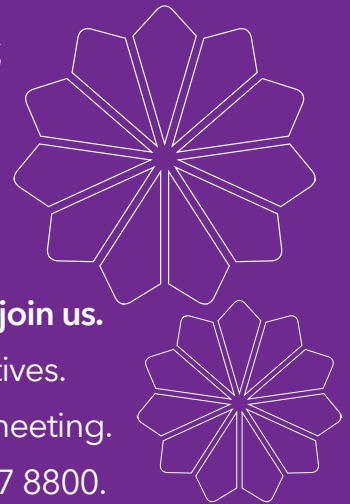
Come to the next R'n'R meeting at **Korongee on 15 October at 12pm** to meet Samantha Craig, the new facility manager.

We've adjusted the meeting time so that more people can hopefully join us.

An agenda, minutes and a Zoom link will be emailed to all representatives.

All are welcome! Attend online or in person for part, or for the entire meeting.

For more information call Korongee 03 6145 6600 or Windsor 03 6277 8800.



WINDSOR R'N'R MEETING - 5 NOV
1ST TUESDAY EACH MONTH

KORONGEE R'N'R MEETING - 15 OCT
3RD TUESDAY EACH MONTH



DEMENTIATAS
GLENVIEW

Dementia education for residents

with Ros Calvert, Dementia Consultant

Friday 18 October

1:30pm - 3.30pm

Windsor boardroom

**The behavioral and psychological
symptoms of dementia (BPSD)**

and the impacts on continency, personal care, and relationships.

All questions welcome

RSVP by Thursday 17 October
leave your name at reception



WINDSOR STREET
GLENVIEW

A message from the Department of Health and Aged Care

We are aware of scammers who are impersonating aged care providers. Some have been stealing Refundable Accommodation Deposit (RAD) payments.

Please be cautious of unfamiliar emails, texts, or phone calls.

To protect yourself from scams:

- Stop and check the person contacting them is legitimate before clicking on links, sharing personal details, or sending money.
- If unsure, call using the contact details from the official website.
- If something feels wrong, stop the transaction or conversation immediately.
- If you think you've been scammed, act quickly. Report it to local police and your bank immediately.

Reporting scams will help increase awareness and prevent future scams.

More information about spotting, avoiding, and reporting scams is on the **My Aged Care website**.

Rotaract visit from Sandy Bay

The visitors actively engaged with residents and enjoyed afternoon tea. Residents showed interest in Rotaract and asked questions. After tea we played a musical game. The participants divided into four groups and everyone enjoyed themselves, creating a lively and cheerful atmosphere.



Seniors Week event

Families, representatives and the public, are invited to join Windsor residents for two special events in the

Derwent Room on Tuesday 15 Oct.

Move to Music 1.30pm - 1:55pm

Fun, engaging, and easy to follow exercises

Johnny Wright in concert 2pm - 4pm

A little bit country, a little bit rock'n'roll + lots of songs that you *will* know.

Connecting Generations is the theme of Seniors Week 2024 and we are excited that Cosgrove High students will join us for the afternoon.

Visitors are asked to arrive 15 mins early to follow RAT and sign-in protocols.

Call 03 6277 8800 and book your spot by Mon 14 October.

Residents already have a spot reserved.



WINDSOR ACTIVITIES IN OCTOBER / NOVEMBER

Tuesday 15 October	Seniors Week celebrations from 1:30pm
Friday 17 October	Lyrebirds Concert 2pm
Friday 18 October	Sing along with Brian 1:30pm Dementia education for residents, family and friends 1:30pm-3.30pm
Thursday 24 October	Hobart Show Public Holiday
Tuesday 5 November	Residents and Representatives meeting + Melbourne Cup Day
Monday 11 November	Remembrance Day

ADRIAN GRALEY

Maynard 3
Windsor

Adrian moved to Glenview over 10 years ago and is in his 90's. He is a member of the Consumer Advisory Body and a good person to talk to about ideas for the future of Windsor Street.

Where did you grow up and where do you live now?

Box Hill in Victoria and now at Windsor in Glenorchy.

Where did you go to school?

Box Hill and Scotch College Melbourne.

Did you study or train after school?

Yes, a science degree at Melbourne University.

Do you have a husband/wife/partner, if so, what is their name?

No, I'm a widower.
My wife's name was Fay, she lived at Windsor for a year.

What was your first job and what was the job you most enjoyed?

My first job, aged 15, was as a labourer in a pear orchard during the school holidays. I worked 50 hours a week. The best job I had was as an analytical chemist for the CSIRO in Hobart.

What is the best time of day and why?

The morning because I feel more alert.



Who do you admire?

King Charles III

Favourite TV show?

Call the Midwife and *Songs of Praise*

Secret vice?

Watching a lot of TV

What is your daily news / media habit?

ABC and SBS TV and reading *The Mercury* daily.

Do you have a favourite food for breakfast, lunch or dinner?

Any form of eggs.

What is your favourite café or restaurant?

The Carlyle Hotel.

Favourite team?

Richmond AFL

Favourite Tasmanian secret?

Flinders Island

What is something you have often wondered about?

Whether I might have been a better man if I hadn't been the fifth and youngest child. I think I was spoiled.

What I would have been like if I had not been such a late developer, mentally and physically.

Please tell the activities team if you would like to be interviewed and have your photo taken for a resident profile. The profiles are intended to begin conversations and foster friendships. Thank you to Adrian for starting this series.

Bisdee at night.
Thank you
Felicity!

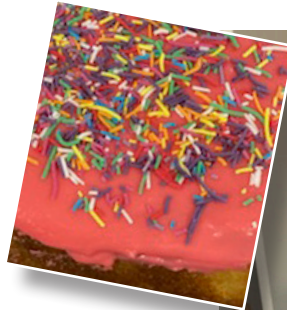


Bisdee gets cooking

We enjoyed a MasterChef style cook-off between Peter and another Bisdee regular to see who cooked the best Chow Mein.

Clients and staff participated in a blind taste test of the final dishes. Both were outstanding, and we could not determine an outright winner. It was declared a draw!

We celebrated the anniversary of Peter's late wife Judy's birthday with a cake and photos and stories shared by Peter.



Please join us for carol singing

This is a call out for anyone in the wider community to join our **roving carol singers**. If you can sing (or not) and would enjoy entertaining residents in the week of **16-20 December afternoon or evening**, please leave a message for Miranda, our acting activities coordinator on 6277 8800.

Annual General Meeting

of the Association of Glenview Community Services Inc.

Derwent Room on Monday 30 September 2024



KORONGEE REPRESENTATIVE - VACANCY Community Advisory Body

All Glenview residents and clients in community care are represented by the **Consumer Advisory Body (CAB)**, which provides feedback to the Glenview board and meets a few times a year.

Please consider joining the Glenview CAB!

We are seeking a new member to represent the residents of Korongee Village.

This important **advisory role** assists the Glenview board in making decisions and determining our contributions to a life containing **dignity, independence, and well-being**.

If you share our commitment, please register your interest in representing the residents of Korongee by joining the CAB.

Please call **03 6277 8800** or email **admin@glenview.org.au** by **Wednesday, 30 October 2024** and we'll contact you to discuss.

More information is on our **website**.





KORONGEE FAMILIES AND REPRESENTATIVES

Promoting awareness of the Additional Services Package at Korongee

The Korongee Village fee includes a bundle of additional services for all residents on arrival. These are a few services to consider to make the most of the package for your loved one.

Specialised aged care gym

The village gym is staffed two days a week and an additional day on demand. For safety, residents are required to be accompanied by an allied health professional. The gym is equipped with the latest technology to support strength and exercise classes. Exercise programs are designed for each individual, then the equipment programmed specifically for each resident. Up to two 1/2 hour gym sessions per week are part of the additional services package.

Monthly hairdressing

One cut or blow wave per month is included in the package and provided by a supportive team of hairdressers.

Happy hour and coffee club

We operate a 2-hour happy hour as a Coffee Club. Hot and cold refreshments including beer and wine are offered. This is a social event and is promoted and supported throughout the village. These are only a few of the additional services available, a detailed list is provided with your monthly statement. We are currently reviewing the Additional Services Package, your feedback would be appreciated. Updates to come.

If you would like more information please contact Korongee Reception on 03 6145 6600.



The Glenview promise

OCTOBER 2024

DAMIEN JACOBS, CEO

**Dementia
education
session**

10am-12.30pm at Korongee
light refreshments

**Saturday
12 Oct**

RSVP
03 6277 8800

Dear all

Following on from the September newsletter, I am glad to report that we have made progress in opening the café at Windsor Street. The activities team has collaborated with residents and families and have worked out a way of incorporating the café into the current activities program on a regular basis. While this is only a small step forward, it is certainly a great start in supporting what residents feel is important within their home at Windsor Street.

We continue to work closely with the quality commission to meet our compliance obligations, with a particular focus on improving the delivery of safe and effective personal care, improving our feedback and complaints management processes, continuing to develop our workforce to ensure the delivery of safe and quality care, and reviewing and improving our clinical governance frameworks. Our monthly resident and relative forums discuss this work in more detail, and we would welcome families and residents to join us in person at either Windsor Street or Korongee or online via Zoom.

I remind families about our dementia education session on Saturday, 12 October. This is an excellent opportunity to meet and learn from others who are caring for someone with dementia. They form part of our ongoing support for families and carers presented by Ros Calvert, Glenview's dementia specialist.

This year, the Annual General Meeting (AGM) was held at Windsor Street and attended by association members, management, board members, and clients. The AGM is always an excellent opportunity to reflect on our

achievements and challenges over the year.

As usual, the AGM's formalities closed with our auditor's appointment for the next 12 months.

It's at important events like this that I like to reflect on our history. As the saying goes, 'the past teaches us about the present'. From a small and humble beginning 75 years ago, if we cast ourselves back to post-WW2 (mid-50s), housing was in critical short supply, and residential care for our elderly community was minimal.

Glenview was the first home in Southern Tasmania to take both male and female residents. It aspired to maintain independence for those who needed care, including couples who couldn't be accommodated elsewhere at the time. Glenview has never taken the easy path.

If we now wind the clock forward - Glenview continues to innovate with some more recent examples, which include,

- Opening of Australia's first dementia-specific small house village Korongee, in 2020.
- We opened the first specialist dementia care program (SDCP) in Tasmania, affectionately known as Waratah, in 2023.

Waratah is designed to support those with severe behavioural and psychological symptoms of dementia (BPSD) who often fall between the gaps in our difficult-to-navigate health care and aged care systems. It is a critical component of Glenview's care model and complements our existing Windsor Street and Korongee Dementia Village services.

Damien Jacobs CEO

Glenview News is produced monthly. Content for the next issue is due on **Tuesday 5 November 2024**.

Previous copies of Glenview News are here: <https://glenview.org.au/about-us/publications>

If you have a photo or story to share on social media or in the newsletter, please email Alison Windmill, Marketing and Communications Coordinator awindmill@glenview.org.au

