



SEPTEMBER 2024

Glenview NEWS

CELEBRATING
75
YEARS
GLENVIEW
Community Services

Connecting generations

No matter the weather, the day becomes brighter when the Cosgrove High students visit. We do some exercises together then sit down for afternoon tea and a chat.

This year Seniors Week is 14-20 October, and the theme is connecting generations.

It's great that we have our regular intergenerational visitors from just down the road!



**A warm welcome to our new residents at Glenview:
William E, Roslyn L, Annette M, Caroline N, Peter N,
Kenneth W and William W.**

WINDSOR ACTIVITIES IN SEPTEMBER

Thursday 5 September	Music Therapy with Sally and Te at 1:30pm
Wednesday 18 September	Jack the Music Man at 3:30pm
Wednesday 25 September	Paul Fenton in concert at 2pm
Saturday 28 September	Morning tea with the Rotaract Club of Sandy Bay

Reminder
In line with an increase in the pension, **fees increase** on 20 September. Please update your direct debits if necessary.
Thanks,
Glenview

Glenview invites families, representatives and the public, to join Windsor residents for two special **Seniors Week** events in the **Derwent Room** on Tuesday **15 October** at Windsor.

Move to Music

Promoting balance and coordination
1.30pm - 1:55pm Tuesday 15 October

Fun, engaging, and easy to follow exercises for all levels of coordination, ability, and mobility. Fully seated exercises will be lead by Miranda from Glenview's activities team.

Class is 25 minutes duration, including warm up and cool down. After class, join us for a concert and afternoon tea.

Johnny Wright in concert

A little bit country, a little bit rock n roll + lots of songs that you *will* know.

2:00pm - 4:00pm Tuesday 15 October

You are invited to a concert by Johnny Wright, a Glenview favourite who performs songs from the 50s to the 90s. Think Elvis, the Everly Brothers, Neil Diamond, The Eagles, Johnny Cash and Elton John. Sometimes dancing breaks out at Johnny's concerts and it's nice to enjoy the view from the Derwent Room on a fine day. After the concert, join us for afternoon tea and a chat.

Connecting Generations is the theme of Seniors Week 2024 and we are excited that Cosgrove High students will join us for the afternoon.

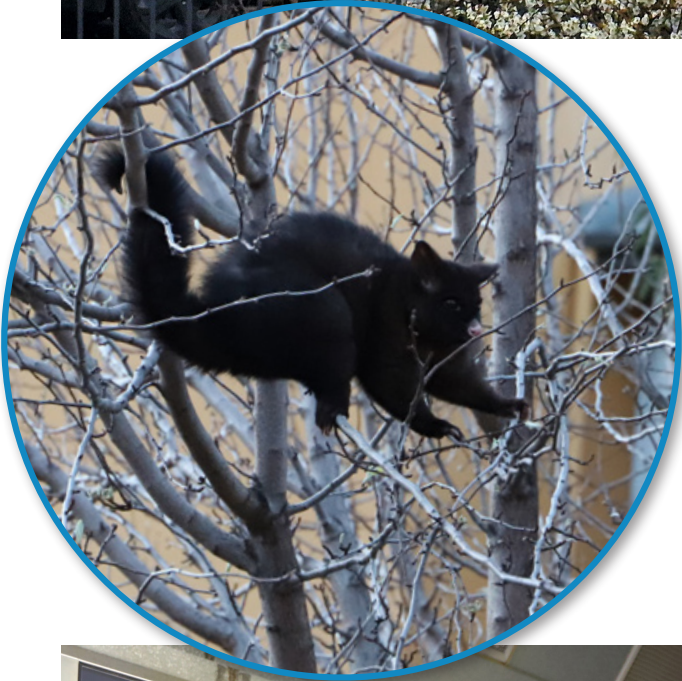
Visitors are asked to arrive 15 mins early to follow RAT and sign-in protocols.

The Derwent Room at Glenview Community Services
2-10 Windsor Street Glenorchy. **Call 03 6277 8800**
and book your spot by Mon 14 October.
Residents have their spot already reserved.





The view from the P+C office. Thank you Ira!



What's for tea?

Geoff the Chef had a lovely birthday surprise with the delivery and installation of two state-of-the-art ovens.

These can be operated using an app on his phone. They have features like slow steam and can even poach an egg!

Even though in theory they can dial it in, we are glad our hospitality staff won't be working from home any time soon.



AGM INVITATION

Dear residents,
you are invited to attend the
Annual General Meeting
of the Association of
Glenview Community Services Inc.

Please join us at
6.45pm for a 7pm start
Monday 30 September 2024

Derwent Room
2-10 Windsor Street Glenorchy
A light supper is provided afterward.

You are welcome to attend via Zoom.

RSVP by Monday 23 September 2024
to Kelly Davis,
kdavis@glenview.org.au
or 6277 2811

Bless their cotton socks

In August, Miranda and Meagan from the activities team took part in Step Up to Breast Cancer to support their friend and colleague Tracy, and others who are impacted by this devastating disease.

Miranda ran 114km and raised \$734,
Meagan ran 141 km and raised \$348.

That's over \$1,000 toward research. These women are amazing, as is our Tracy.

Their fundraising is over, but this is a reminder to everyone to have a check up!



Our finest gifts we bring

It may seem like ages away but we are already preparing our Christmas celebrations. We like to be organised!

This is a call out for anyone in the wider community to join our **roving carol singers**.

If you can sing (or not) and would enjoy entertaining residents in the week of 16-20 December afternoon or evening, please leave a message for Miranda, our acting activities coordinator on 6277 8800.



Origami

Swanning around with
volunteer Tiffany.



TSO string quartet perform

We are fortunate to have a connection with the Tasmanian Symphony Orchestra through a Korongee friend.

The TSO found they had a little gap in their schedule and so came to play for us.

Thank you: Rohana O'Malley on violin, Tobias Chisnall on violin, Caleb Wright on viola and Nicholas McManus on cello.



Movers and shakers

Congratulations to **Deepa Gaishi** moving from housekeeper to house companion role at Korongee.

Rabin Soti has an additional role as house companion and will continue working shifts in housekeeping and catering.



Samantha Craig has been appointed facility manager at Korongee

Sam has a strong background in acute and aged care nursing. She has worked across Australia as a clinical care manager in aged care, and has extensive clinical experience caring for people living with dementia.

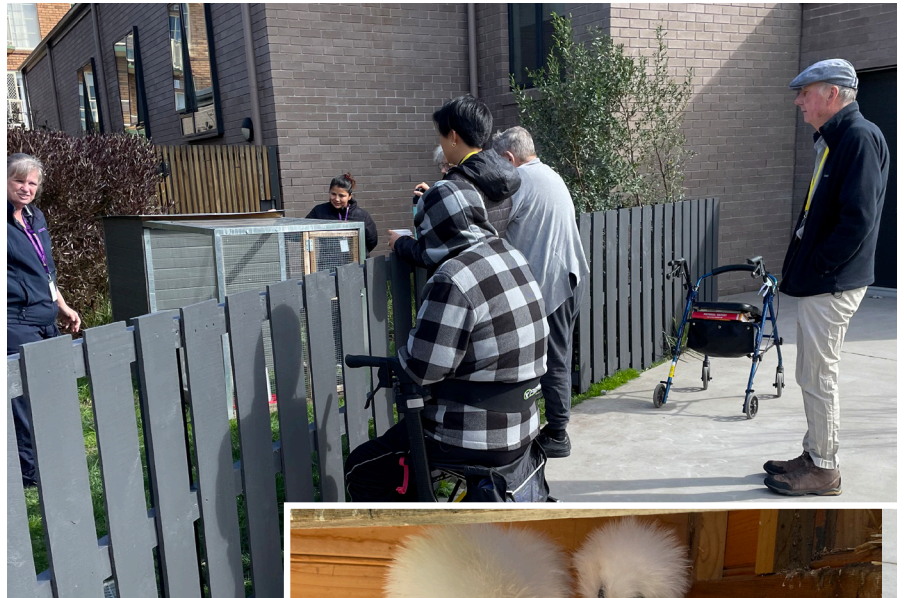
Sam will start with the Korongee team on Monday 23 September and spend time with Danni during handover in September and October.

We thank **Danni West** for her commitment and support of Korongee in the past 6 months. Her experience and knowledge has been invaluable in supporting residents, their families and the team.

KORONGEE ACTIVITIES IN SEPTEMBER

Thursday 5 September	Music Therapy with Sally and Te
Monday 9 September	Village BBQ at 2pm
Tuesday 17 September	Resident and representatives meeting
Thursday 19 September	Lyrebirds choir performance at 2pm
Tuesday 24 September	Catholic church service at 10:30am

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Glenview



Good lookin' chooks

Welcome to the Silky Bantams who will live and sleep in their new enclosure in the village. Thank you to Colin from the maintenance team who painted the new home to suit these fine lookin' birds.



Baking buddies

A happy group of villagers made and baked pinwheel pastries that went down a treat with a cuppa.

KORONGEE FAMILIES AND REPRESENTATIVES

Promoting awareness of the Additional Services Package at Korongee

The Korongee Village fee includes a bundle of additional services for all residents on arrival. These are a few services to consider to make the most of the package for your loved one.

Specialised aged care gym

The village gym is staffed two days a week and an additional day on demand.

For safety, residents are required to be accompanied by an allied health professional.

The gym is equipped with the latest technology to support strength and exercise classes. Exercise programs are designed for each individual, then the equipment programmed specifically for each resident.

Up to two 1/2 hour gym sessions per week are part of the additional services package.

Monthly hairdressing

One cut or blow wave per month is included in the package and provided by a supportive team of hairdressers.

Happy hour and coffee club

We operate a 2-hour happy hour as a Coffee Club. Hot and cold refreshments including beer and wine are offered. This is a social event and is promoted and supported throughout the village.

These are only a few of the additional services available, a detailed list is provided with your monthly statement. We are currently reviewing the Additional Services Package, your feedback would be appreciated. Updates to come.

If you would like more information please contact Korongee Reception on 03 6145 6600.

The great big winter feast

At the end of the season each year we prepare a hearty winter feast and enjoy a meal together. It's very satisfying and social.





The Glenview promise

SEPTEMBER 2024

DAMIEN JACOBS, CEO

SAVE
THE DATE
**Dementia
education session**
for all family and
friends of Glenview
10am-12.30pm or 1.30pm-4pm
light refreshments
**Saturday
12 Oct**

Dear all,

Continuing from our report last month that residents at Windsor indicated their preference and support for a **café** operation to commence in the Derwent Room lounge. The results of a resident survey are now in.

We asked residents if they would be happy to pay a small weekly fee (which included complimentary beverages for those who participated); no café at Windsor Street; or provide us with further ideas and thoughts on how we make this a reality.

The results are

- Majority of residents would like a café to operate - approx. 59%
- Only 26% are interested in a coffee club idea, where residents would pay a small weekly fee for a regular social 'outing' to the café which would include complimentary beverages.
- 14% of residents didn't think opening the café was a priority.

It's back to us to continue to work through some ideas and options on how we can make this a reality.

Thank you to the residents who participated in the survey, we will continue to explore options with community volunteer groups as well.

I am excited to confirm that we have **Sam Craig** joining the Korongee team as facility manager later this month. Danni West stepped into this important role in May

and has worked closely with residents and families over this period. Danni will continue to handover to Sam until November.

We have been working on a **capital grant** to help with significant refurbishment to our Windsor site to benefit the residents.

The proposed works consist of an upgrade to all rooms with a shared ensuite; upgrading our heating and cooling systems and hot water network to help reduce energy use, improve the living environment but to also reduce our environmental impact; upgrade the commercial kitchen which will improve our main entrance and continue with our internal upgrades which include Merton.

We will be able to announce if we have been successful later this year. Works will be carefully staged until 2026 to ensure impacts to residents are minimised.

Damien Jacobs



Glenview News is produced monthly. Content for the next issue is due on **Tuesday 8 October 2024**.

Previous copies of Glenview News are here: <https://glenview.org.au/about-us/publications>

If you have a photo or story to share on social media or in the newsletter, please email Alison Windmill, Marketing and Communications Coordinator awindmill@glenview.org.au

