



Berry delicious

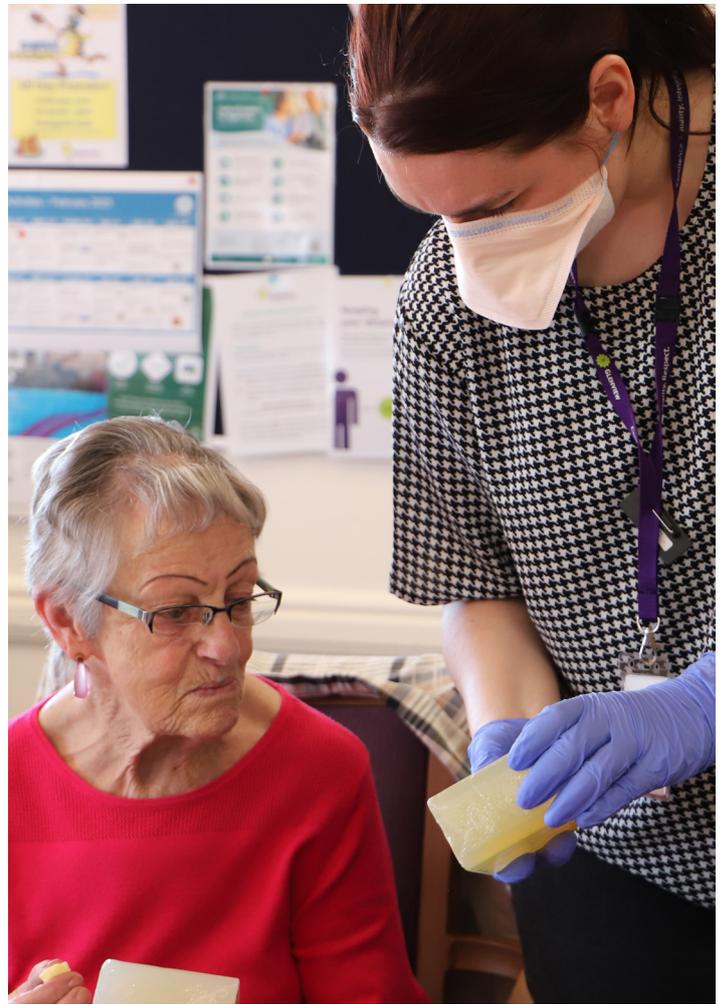
Shrove Tuesday is also known as Pancake Day, or Fat Tuesday (Mardi Gras) and is the last day before Lent. Traditionally it's the day to use up rich, sweet ingredients before choosing to eat simply until Easter.



Sausage sizzle

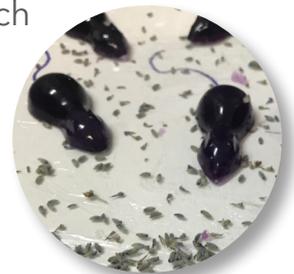
We were blessed with lovely BBQ weather to cook a snag or two.

Stay tuned for a sausage sizzle date in St Johns carpark soon!



Being serene

Lauren, our activities support worker, had the bright idea to make lavender soap with the copious amount of lavender we harvest each year from the gardens of Glenview.



The results are stunning!



WINDSOR ACTIVITIES MARCH AND APRIL



Friday 17 March

St Patricks Day Old and Older Concert
dress up, drinks and nibbles from 2pm

20-26 March

Harmony Week Multicultural celebrations.
Stay tuned for details.

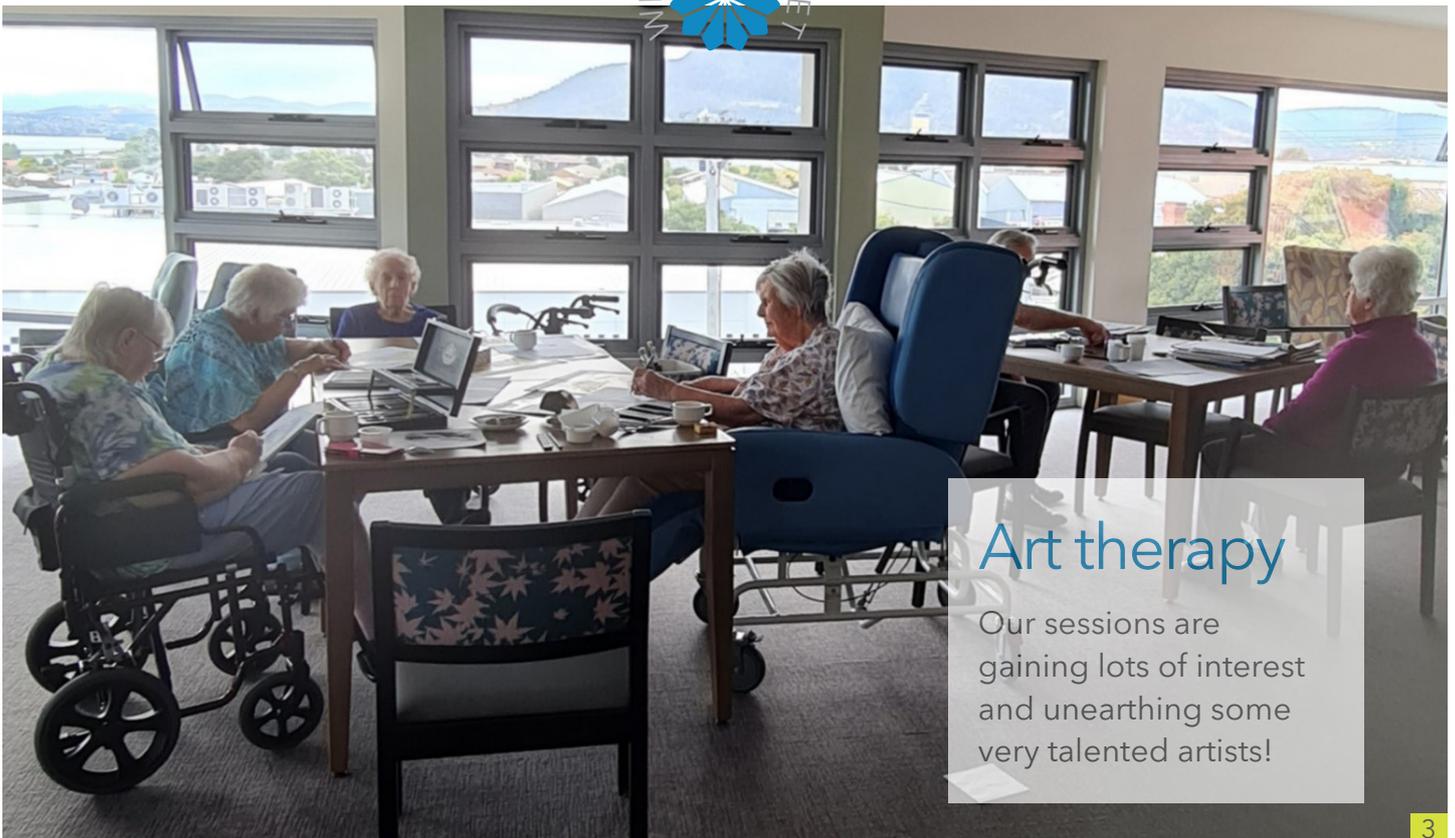
7-10 April

Easter Good Friday 7 April,
Easter Sunday 9 April, Easter Monday 10 April

Tuesday 25 April

Anzac Day

A gentle reminder to
clean the fridge
if you have one
in your room.
Thanks,
Glenview



Art therapy

Our sessions are gaining lots of interest and unearthing some very talented artists!

Welcome to our new Glenview residents:

Cristel A, John B, Ronda E, Frank L, Jeffrey L, Donald P, Billie R, Esther U and David W.



Home cooking

Cooking continues to be a popular house activity... the smell and taste of freshly baked treats is wonderful, and so is the feeling that comes with creating something tasty from scratch for your friends!



Do you have any questions about Dementia?

Ros Calvert is Glenview's dementia consultant. You are welcome to contact her and ask any questions you may have, or get some strategies to assist you to understand dementia more. Email Ros at ros@dementiatas.com.au or call **6277 8807**



A natural

We had lovely weather to sit outside and get creative using materials straight from nature to make this wreath.



KORONGEE ACTIVITIES MARCH AND APRIL

Friday 17 March

St Patricks Day Dress in green, fun and games, drinks and nibbles from 2pm

20-26 March

Harmony Week Multicultural celebrations. Stay tuned for details.

7-10 April

Easter Good Friday 7 April, Easter Sunday 9 April, Easter Monday 10 April

Tuesday 25 April

Anzac Day



Pancake day

We were all flipped out by the end of the day! So many pancakes, such a delicious day to be a part of!

Bisdee Community Centre



Above: Bisdee regulars at the beach, and potting herbs at a Bunnings gardening session

Below: The Saturday Socials group at Toffeemont Alpacas... and Ted watering the Bisdee garden, thanks Ted.





Steve Cumper
HOSPITALITY MANAGER

Around the Table

Heading
into autumn



When you spend a great deal of your professional life coming up with ideas to turn into menu items that hopefully your customers like to eat, you can sometimes find yourself caught like a rabbit in the headlights (I prefer 'like a quokka in the headlights' actually) when it comes to coming up with appealing examples.

Sure, you can always rest on the tried and trusted, however as our collective food knowledge incrementally creeps up with every episode of MasterChef we watch, every Instagram account we follow and each hip-wine-bar-with-snacks we frequent, it's getting mighty challenging to impress these days. I finally understand how comedians must feel walking onto the dark foreboding of the stage, "will my act be out of step? Did I mis-read the room, will I get cancelled!?"

So, when it comes to seasonal availability, like the apple emblematic of autumn, I think to myself, 'Steve, what can YOU possibly come up with that hasn't already been done before that will excite and energise the enthusiasts?' It is at this juncture that I must defer to that most eminent of recipe-writers and little known Philosopher, Socrates, and his deceptively simple quote, 'Know thyself' has always provided me with a shining path.

I know that I work best under pressure and for me, there's nothing quite like a deadline.

"What we did, and who we were, are just dregs compared to who we are now, and how we act when the sword is coming down."

- Rachel Aaron, *The Spirit Eater*

And so, it was, one day toiling at a minuscule café in Hobart, I had the gift of several varieties

of backyard apples arriving as the season advanced. There was more room in an IKEA display kitchen cupboard than this kitchen, and I had made a rod for my own back by having a considerable offering of freshly baked sweeties each day that threatened to breach the banks of the display-cabinet. What could I do with these apples?

Inspiration arrived as I gazed at the empty muffin tray. Intuitively, I placed the peeled and cored apples into the tray with butter and sugar and baked them 'til they were cooked through and caramelised. Then I covered them in a sweet pastry and finished cooking them. I waited 'til they cooled down before gently heating the tray to release them. They looked amazing, having formed to the shape of the muffin recesses like little Daleks, with a pastry bottom. My mornings Insta post gleaned many a thumbs up.

The notion of combining elements of the former idea with that of a fluffy zabaglione (which is a delicious marsala infused and whipped frothy egg-cream) was also a means to swap the marsala with some sweet cider, grounding the dish within the apple season and Hobart context.

This process is one of the most enjoyable features of being a cook. Being able to take an idea, imbue it with some geographical and seasonal context, add a dose of urgency and necessity then bingo, hopefully out pops a freshly minted and appealing morsel at the other end.

Steve Cumper
Hospitality Manager



The Glenview promise

AUTUMN 2023

DAMIEN JACOBS, CEO

Dear all

As we work up our program of events around Harmony week, I thought it would be good timing to review the **Glenview diversity and inclusion statement**. It's always good to reflect on what we say we are doing, and then see if it is translating to those that we either care for, or provide community services.

Diversity and inclusion is such a broad subject, that when you start to consider the implications, there doesn't appear to be a corner of the organisation that it doesn't affect.

- Do our policies, procedures, systems, strategies and initiatives support diversity and inclusion?
- Does Glenview provide support to reduce barriers to equality, and access to receive care and services regardless of background or how they identify.

- Can Glenview provide evidence, and do our consumers feel that our staff, volunteers, and board members create and maintain a culture of respect and dignity for our consumers?
- Do we actively raise awareness of the issues impacting people from diverse backgrounds or how they identify?

Lots of questions I know, and I ask our community if you have any thoughts around this important topic, or can share examples of where you do, or don't think, that we living up to our inclusion statement - I would be really interested to hear from you feedback@glenview.org.au

A full copy of our statement is on page 9.

Be yourself, we really like it that way!

Damien Jacobs
CEO

Fees will increase on 20 March with an increase in the pension. Please update your direct debits if necessary. Thanks, Glenview

Glenview raffle on sale NOW

\$2 per ticket purchase at Windsor and Korongee reception.
Drawn on Monday 1 May 2023
Funds raised will go towards fulfilling our resident's wish lists.



1st prize
Pennicott Wilderness
Journey voucher
2 adult cruise tickets

- 2nd prize Jumbuck Charcoal Grill and utensils
- 3rd prize \$100 Myer Gift Card and drinks package
- 4th prize \$50 Myer Gift Card, wall print, brass mugs and gift set
- 5th prize \$50 Caj hair salon voucher, ladies toiletries, and dusk giftset
- 6th prize \$50 Amici restaurant gift voucher, models prefer gift set, toiletries
- 7th prize \$50 visa card, wall clock, book, batteries
- 8th prize \$50 Amici restaurant voucher, bottle of wine

- 9th prize \$25 Myer Gift card, bottle of wine, cheese board set
- 10th prize \$25 Myer gift card, kids game, book, mug and Putter golf vouchers
- 11th prize \$25 BIG W gift card, ladies pamper items and notebook
- 12th prize \$25 Chemist warehouse voucher, watch, cap and socks
- 13th prize Ladies pamper items, book and dusk candle
- 14th prize Handknitted shawl/blanket and chocolates
- 15th prize Mens toiletries, cap, socks X 2
- 16th prize Handknitted maroon knee rug and chocolates
- 17th prize Ladies coat, brooch and talc/hand cream set
- 18th prize Food hamper and containers
- 19th prize Mens shaving set, hat and book



Glenview diversity + inclusion commitment statement



Glenview is committed to supporting diversity and inclusion for the people we provide care and services to, and for the people we engage and employ throughout our services.

Glenview strives to have an inclusive and diverse environment which is safe. Where people feel comfortable and free to express who they are, free from harassment or discrimination. Where people are respectful and value peoples differences including nationality, race, culture, gender, sexual orientation, religious beliefs, social background, disability, family or marital status, age or political opinion.

Our employees ensure that our culture and environment demonstrates respect for diversity and that interactions are welcoming and inclusive. Our employees are supported with education and training to ensure they have the skills and knowledge to engage with our consumers and understand their background and culture. They are provided with the information they need to deliver culturally safe care and services.

At Glenview we acknowledge, support, and facilitate consumers and their families who may have different views that influence their choices of care and services. We treat them with dignity and respect.

8.b.11 Nov 22

Our ongoing commitment to diversity and inclusion:

- Ensure policies, procedures, systems, strategies and initiatives support diversity and inclusion.
- Identify and reduce barriers to equality and access to receive care and services regardless of background or how they identify.
- Ensure the Strategic Plans and services are inclusive.
- Continue to strive to create and maintain a culture of respect and dignity for our consumers, their families, our employees, volunteers and stakeholders.
- Ensure social interaction and activities are relevant and effective and culturally safe.
- Continue to improve communication, consultation and engagement with consumers, their families, our employees, volunteers and stakeholders.
- Raise awareness of the issues impacting people from diverse backgrounds or how they identify.
- Promote and celebrate the benefits of our diversity at Glenview.
- Take action to eliminate discrimination and intolerance in our services.
- Provide resources, education and support to increase understanding, respectfulness and build trust and cooperation amongst our people.
- Incorporate the **Inclusive Service Standards** into our model of care and service delivery.



GLENVIEW
Community Services

2-10 Windsor St Glenorchy, TAS 7010
enquiries@glenview.org.au
www.glenview.org.au 03 6277 8800

Glenview News is produced monthly. Content for the next issue is due on Monday 3 April.
If you have a photo or story to share on social media or in the newsletter, please email
Alison Windmill, Marketing and Communications Coordinator awindmill@glenview.org.au

